
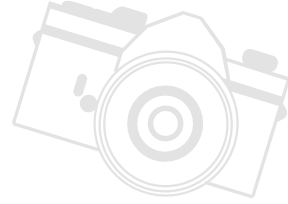




# Camp UniStar Packing List

Summer weather in Northern Minnesota is hot, warm, chilly, cold, sunny, cloudy, damp, rainy, windy, calm and often all of the above in one week. Campers are advised to come prepared with clothing and equipment for cold nights, rainy days, and hot weather.

 Items marked by a leaf are part of Camp UniStar's sustainability focus



## BEDDING & SOFT GOODS



FOR EACH PERSON

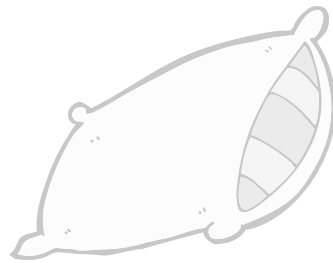
- Sheets (double or single)
  - Pillow case
  - Blankets or sleeping bag
  - Beach and/or bath towel
- Optional*
- Pillow
  - Mattress pad (or use a sleeping bag under a fitted sheet)

## CLOTHING

- Long sleeve shirts and sweatshirts for warmth, bug & sun protection
- Long socks to pull over pants (for ticks!)
- Beachwear and swimsuit
- Layers of clothing for warmth
- Rain gear

TO SHARE

-  Hand Towels
  -  Bath Mat
  -  Dish Towels
- Optional*
- Rag Rug



## BEACH ACTIVITY ITEMS



- Beach toys
- Water shoes
- Sunglasses

## HIKING ACTIVITY ITEMS

- Waterproof shoes or boots
- Backpack
- Compass
- Binoculars
- Camera & accessories



## PERSONAL ITEMS

- Soap & shampoo (eco/septic friendly)
- Any prescription medications, allergy medications, epi pen's etc.
- Insect repellent (mosquito & tick)
- Sunscreen
-  Reusable water bottle (filtered water available)
- Snacks or supplemental food for any dietary needs not covered by the kitchen
-  Beverages (adult or otherwise) and snacks for happy hour
- Petty cash or checkbook for kiosk items
- Phone or electronic chargers (but we encourage you to un-plug)
- Flashlight or headlamp



## RELAXING ACTIVITY ITEMS

- Reading materials (there is a small library of books at camp)
- Reading light
- Craft materials
- Games for rainy days (there is a small game library at camp)
- Musical instruments
- Earphones for listening to music
- Fishing gear and license

## FOR THE BOAT RIDE

- Plastic bags or garbage bags to cover luggage from rain or lake spray



# Camp UniStar

Camp UniStar provides the following items for campers to use during their stay on the Island.

## BEDDING & SOFT GOODS

- Pillows
- Supplemental wool blankets
- Small selection of single and double sheets
- Clothing drying lines and racks



## CLEANING

- Cleaning fluids
- Brooms & dust pans
- Mops
- Dish soap & sponges
- Hand soap
- Paper towels
- Toilet paper



## PERSONAL ITEMS

- Basic first aid items (band aids, aloe, aspirin, antacid etc.)



## RELAXING ACTIVITY ITEMS

- A small library of books
- A small game library (including cards)
- Puzzles
- Nature and bird identification books
- Yoga mats
- Beautiful Cass Lake and the surrounding Chippewa National Forrest



## IN THE CABINS

Each of the cabins is equipped with

- Shared bathroom
- Shared Kitchen- equipped with a sink, microwave, refrigerator, mouse proof food cabinet, and basic kitchen supplies such as knives, cutting board, plates, cups and utensils
- Shared common space with seating for relaxing (such as a front porch or living room)

## IN THE ROOMS

Each of the rooms is equipped with

- Bed frame and vinyl covered mattress
- Dresser or closet for clothes storage
- Hooks to hang clothing or personal items
- Electrical outlets
- Overhead lighting and/or lamp
- Box or stand fans are available as needed



## THINGS TO NOTE

- There are no laundry facilities. You may need additional towels for the week.
- Camp UniStar embraces sustainability and cherishes the Island. Please limit the amount of plastic and single use items you bring (especially for Happy Hour and/or snacks)
- Please avoid bringing glass bottles, as they can break during trash transport. Cans or boxed wine are preferred.
- Please do not bring plastic bottled water
- It can be quite cold. Bring enough layers and blankets to be warm. It can be quiet hot and humid. There is no air conditioning (except the lake of course!)

## IMPORTANT!

- Ticks are present during the entire camp season
- The diseases they carry (Lyme disease, anaplasmosis, babesiosis, etc.) should be taken seriously
- The CDC recommends using bug spray containing at least 20% DEET to repel ticks. Other types of bug spray may not repel ticks at all
- Pre-treating a set of clothing and long socks with **Permethrin** can provide long-lasting protection. Some people purchase pre-treated clothing for hiking from outdoor stores. These items can retain their repellent properties for years.

